

# Live well

Community wellbeing



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# Evaluation – Live Well Kent

Co-produced KPI's and data set to track progress and measure impact

## **Systems Outcomes**

- Using NHS numbers to track outcomes
- In order to evidence impact on Acute Mental Health PBR clusters

## **Personal Outcomes**

- SWEMWB (Short, Warwick, Edinburgh Mental Wellbeing Scale)
- Wider Wellbeing scales to show personal journey .. Self selected/reported and person centred
- 6 and 12 month follow ups

**Network Feedback** – Merlin Standard compliance



# Qtr 1 Performance Data

	Lot 1 DGS/S	Lot 2 WK	Lot 3 A/CC	Lot 4 SKC/Thanet
Referrals Number	118	107	105	273
Ref: Delivery Network	68	13	7	50
Ref: GP	27	49	36	63
Ref: Other Statutory	75	32	39	144
Ref: All other DN/orgs	91	79	110	127
Young People referrals (referrals from CAMHS and other specialist children services)	6	<5	0	10
No of referrals	383	282	299	665
Unable to sign up	94	114	102	203
Sign up's	289	168	197	462



# Performance Data


## Employment Support

- Currently well below target
- Strategic Partners working to improve evidencing in Network

## Referrals

- Work to be undertaken with IAPT and CMHT to increase referrals

## Making every contact count (MECC)

- Advice and interventions  100 in DGS and Swale CCG areas
- Achieved through training key staff and delivery partners
- Practice to be shared across the network



# Serious Mental Illness(SMI) Common Mental Illness (CMI)

## **In the first quarter in Dartford Gravesham Swanley & Swale (Lot 1)**

- 96 people with SMI have a service (66% of the annual target)
- 15 people with CMI (32% of the annual target)

## **In the first quarter in West Kent (Lot 2)**

- 84 people with SMI have a service (81% of the annual target)
- 82 people with a CMI (24%)

## **In the first quarter in Ashford and Canterbury Coastal (Lot 3)**

- 70 people with a SMI have a service (53% of the annual target)
- 119 people with a SMI have a service (27% of the annual target)

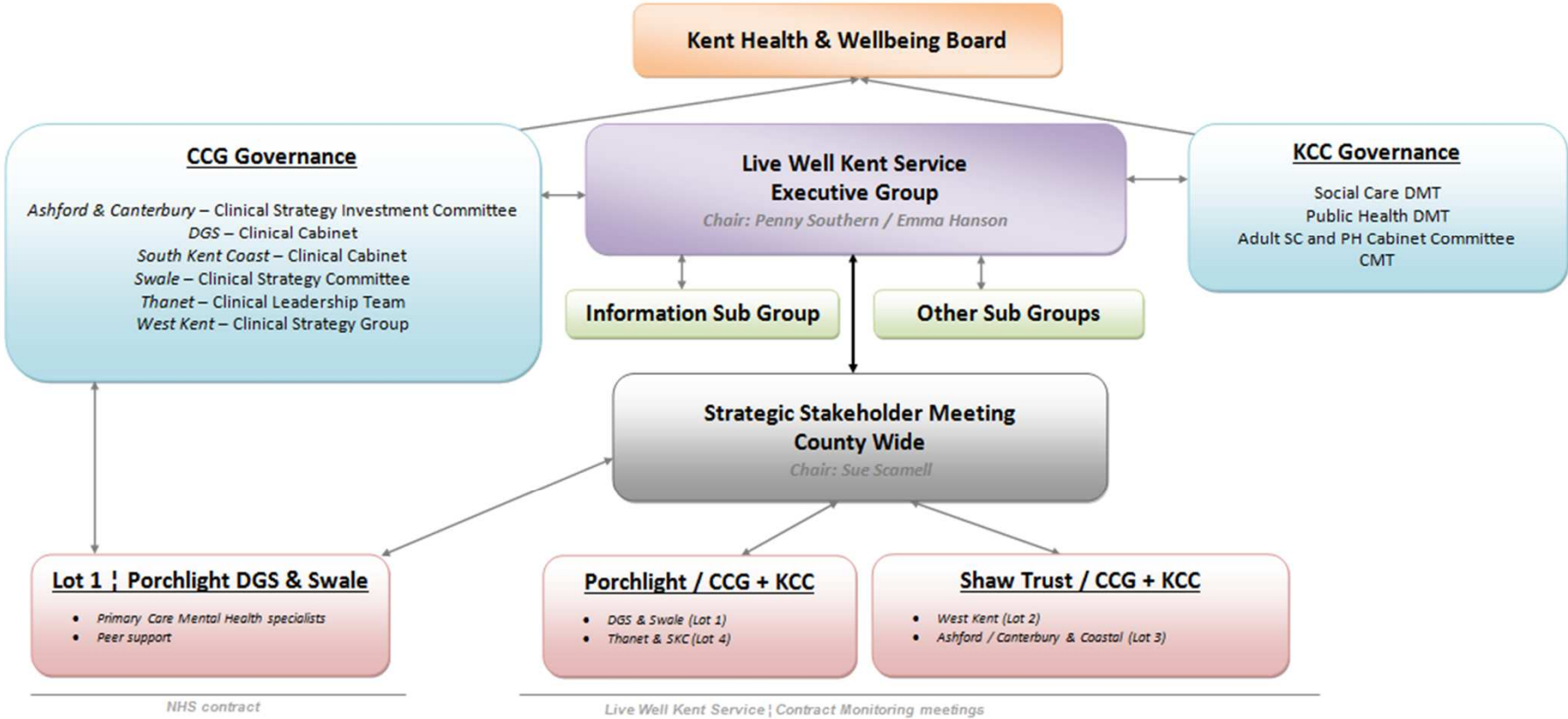
## **In the first quarter in Thanet and South Kent Coast (Lot 4)**

- 124 people with SMI have a service (57% of the annual target)
- 273 people with CMI (38% of the annual target)



# Governance

## Live Well Kent Service





‘When you’re in a dark forest, having someone to give you the time to share your thoughts and lift your spirit is one of the ways forward. I’ve learnt to say ‘no’ and step back at the right time before I’m are overwhelmed.’ **Leng**



# Christian's story

- I developed depression, and then got diagnosed with Bipolar Disorder
- I was encouraged by a friend to get involved with Live Well Kent. I learnt to believe in myself again, gain skills and take a different direction
- Live Well Kent taught me along with other health providers that if I accept who I am and recognise my skills and abilities there is no end to what I can achieve.
- I am now involved with Ashford Live Well Centre volunteering for gardening





[https://www.youtube.com/watch?v=kyg\\_afU1FO8](https://www.youtube.com/watch?v=kyg_afU1FO8)

